



IMPORTANT PROVIDER NOTICE

CMSP Program Benefit Expansion Effective July 1, 2021

Effective with dates of service on or after July 1, 2021, CMSP members will be eligible for the following benefits at in-network providers:

- Chiropractic Services (Member must meet share of cost for the month if applicable)
- Outpatient Mental Health Services Mild to Moderate Category (No share of cost)
- Outpatient Substance Use Disorder Services (No share of cost)

The benefit expansion will include the following services outlined below:

Chiropractic Services			
CPT Code	Description		
98940	Chiropractic manipulative treatment (CMT); spinal, one to two regions		
98941	Chiropractic manipulative treatment (CMT); spinal, three to four regions		
98942	Chiropractic manipulative treatment (CMT); spinal, five regions		
Limits			
2 visits per calendar month			
Maintenance therapy not covered			
Diagnosis of generalized or diffuse "pain" is not covered			
Services must have direct therapeutic relationship to condition specifically with regards to the spinal level and direct			
causal relationship of symptoms corresponding to that level			
NOTE: Authorization required after two (2) visits (per Calendar Month)			
Approved Provider Types			
Chiropractor (DC), Medical Doctor (MD), Doctor of Osteopathic Medicine (DO)			

Mental Health (Mild to Moderate)				
CPT Code	Description	Frequency Limits		
96132	Neuropsychological testing evaluation services; first hour	One per year		
96133	Neuropsychological testing evaluation services; each additional hour	Two per year		
96136	Psychological or neuropsychological test administration and scoring, two or more tests; first 30 minutes	One per year		
96137	Psychological or neuropsychological test administration and scoring, two or more tests; each additional 30 minutes	Nine per year		
96138	Psychological or neuropsychological test administration and scoring by technician, two or more tests; first 30 minutes	One per year		
96139	Psychological or neuropsychological test administration and scoring by technician, two or more tests; each additional 30 minutes	Nine per year		
96146	Psychological or neuropsychological test administration, with single automated, standardized instrument via electronic platform with automated results only	One per year		
96105	Assessment of aphasia, per hour	Two episodes per year (<3 hours each); all hours for each episode must be billed on the last day of service		
96110	Developmental screening, per standardized instrument	Two per year		
96112	Developmental test administration; first hour	One per year		
96113	Development test administration; each additional 30 minutes	One per year		
96116	Neurobehavioral status exam; first hour	One per year		





96121	Neurobehavioral status exam; each additional hour	One per year
96130	Psychological testing evaluation services; first hour	One per year
96131	Psychological testing evaluation services; each additional hour	Two per year
90832	Psychotherapy; 30 minutes with patient	N/A
90837	Psychotherapy; 60 minutes with patient	N/A
90839	Psychotherapy for crises; first 60 minutes	N/A
90840	Psychotherapy for crises; each additional 30 minutes	N/A
90846	Family Psychotherapy (without patient present); 50 minutes	Must have two family members present; 50 minutes max
90847	Family Psychotherapy (with patient present); 50 minutes	Must have two family members present; 110 minutes max
90849	Multiple-family group therapy	N/A
90853	Group Psychotherapy (other than of a multiple-family group)	N/A
99354	Prolonged service(s) in the outpatient setting requiring direct patient contact beyond the time of the usual service; first hour	110 minutes max

Limits

12 visits per enrollment period (any approved combination of individual, family, and/or group therapy or evaluations) **NOTE:** No authorization required when diagnosed with a mental health disorder defined by the Diagnostic and Statistical Manual of Mental Disorders (DSM) resulting in mild to moderate distress or impairment of mental, emotional, or behavioral functioning

Approved Provider Types

Psychologist, Licensed Clinical Social Worker (LCSW), Licensed Professional Clinical Counselor (LPCC), Marriage and Family Therapist (MFT), Marriage and Family Therapist (MFT), Medical Doctor (MD), Nurse Practitioner (NP), Physician Assistant (PA), Doctor of Osteopathic Medicine (DO)

Associate MFT (under the direct supervision of a licensed mental health professional), Associate Professional Clinical Counselor (under the direct supervision of a licensed mental health professional), Associate Clinical Social Worker (under the direct supervision of a licensed mental health professional), Psychology Assistant (under the direct supervision of a licensed mental health professional) **NOTE:** Billing provider on claim form must be supervising provider's NPI with associate/assistant's name listed under "additional claims information"; must be rendered by an In-Network provider (including clinics) in an outpatient setting.

Outpatient Substance Use Disorder (SUD) Services			
CPT Code	Description		
H0004	Individual Counseling		
H0005	Group Counseling		
Limits			

12 visits per enrollment period (any combination of approved individual and/or group treatment or screening(s)

NOTE: Includes alcohol misuse screenings and behavioral health counseling interventions for alcohol misuse

Approved Provider Types

Psychologist, Licensed Clinical Social Worker (LCSW), Licensed Professional Clinical Counselor (LPCC), Marriage and Family Therapist (MFT), Marriage and Family Therapist (MFT), Certified Drug and Alcohol Counselor, Medical Doctor (MD), Nurse Practitioner (NP), Physician Assistant (PA), Doctor of Osteopathic Medicine (DO)

Associate MFT, Associate Professional Clinical Counselor (under the direct supervision of a licensed mental health professional), Associate Clinical Social Worker (under the direct supervision of a licensed mental health professional), Psychology Assistant (under the direct supervision of a licensed mental health professional) **NOTE**: Billing provider on claim form must be supervising provider's NPI with associate/assistant's name listed under "additional claims information". Must be rendered by an In-Network provider (including clinics) in an outpatient setting.